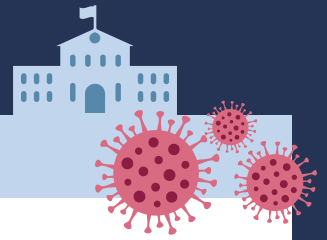


Quarantine & Isolation Guidelines for Students and Staff



If a student or staff member **tests positive for COVID:**



BEST PROTECTION

Isolate at home for at least 10 days*, and until symptoms are improving and you've been fever-free for 24 hours.

OR



SHORTENED OPTION

Isolate at home for 5 days*, and until symptoms are improving and you've been fever-free for 24 hours, **AND THEN**

- Wear a well-fitting mask for 5 more days when around other people, including at home, outdoors, and during extracurricular activity

*since your positive test

If a student or staff member **has symptoms of COVID:**

GET TESTED

You should stay home from school and other activities and be tested as soon as possible.

Free testing locations are available at coronavirus.utah.gov.



If you choose not to be tested, you should stay home until you no longer have symptoms, just like with any illness. As with any illness, a school may exclude a student or staff member who is exhibiting symptoms of an infectious disease.

If a student or staff member **is exposed:**

If they **HAVE received** all recommended COVID vaccine doses (including a booster, if eligible):



- Monitor for the symptoms and wear a well-fitting mask whenever around other people—including at home, during extracurricular activities, and outdoors—until 10 days after your last exposure

AND

- Consider being tested on day 5 after your exposure

If they **HAVE NOT received** all recommended COVID vaccine doses (including a booster, if eligible):



BEST PROTECTION: Quarantine at home and monitor for symptoms until 10 days after your last exposure; if you do not have symptoms, you may "test out" of quarantine on day 7

OR

SHORTENED OPTION: Quarantine at home and monitor for symptoms until 5 days after the exposure, **AND THEN** if you do not have symptoms:

- Wear a well-fitting mask whenever around other people—including at home, during extracurricular activities, and outdoors—for 5 more days, until 10 days after your exposure
- AND**
- Be tested on day 5 after your exposure

"Quarantine at home" means you (or your child) do not leave home for ANY reason, except to seek medical care in person. Do not go to work or any public place, including stores, malls, theatres, restaurants, or any other retail establishment. You should not visit family or friends at their homes or have any visitors to your home.

